



University of Guelph

**Wellness
@Work**

CAMPUS MILE: HEALTHY WORKPLACE MONTH LAUNCH EVENT



**Register to watch
the welcome &
warm-up video
anytime on Oct 1**

**Snap a photo or short video and share on the Campus
Mile Kudoboard for your chance to win a prize!**

uoguelph.ca/wellnessatwork/healthy-workplace-month



**October 1, 2020
Anytime! Anywhere!**

RSVP today!