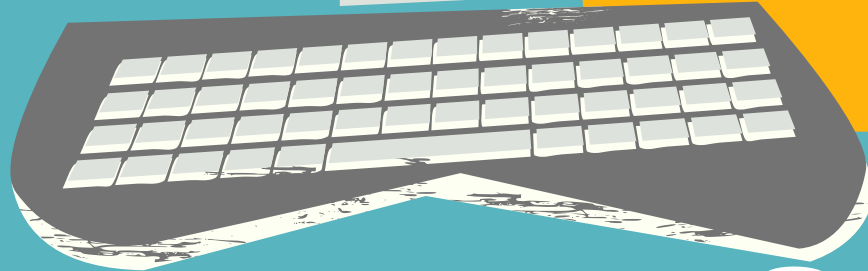
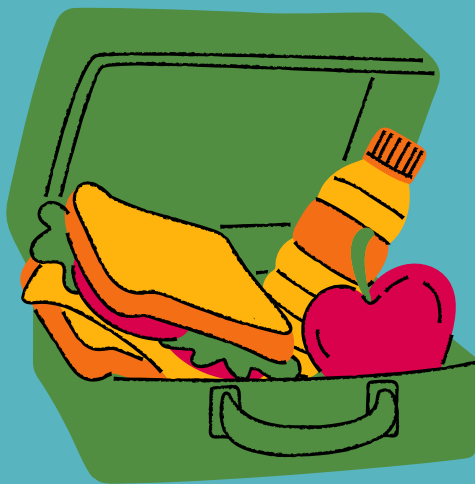


# NON-VIRTUAL TEAM ACTIVITIES



## 1 LUNCH LOTTO

Everyone on the team submits a place they would like to go for lunch. Once a month, you draw a name at random and go there for lunch. You could do this on campus or off campus.



## 2 BOOK CLUB

Everyone shares a book to read and select one book to read per semester. Having trouble picking a book? Check out the curated collections by McLaughlin Library on themes such as [Black History Month](#), [Pride](#), [Indigenous History Month](#), and [Asian Heritage Month](#).



## 3 TEAM PLANNING DAYS

If possible, spend a day (or an afternoon) planning as a team. It is helpful if lunch is also a part of the planning day. Consider moving out of the typical office space and booking a room in the University Centre or the Arboretum Centre as this can help people connect more with the team by moving out of the typical day-to-day work space.



## 5 VOLUNTEER TOGETHER

Connect with the [CSA Student Foodbank](#) and co-ordinate for your department or unit to take shifts to help sort food at the CSA foodbank...and ask everyone to bring a donation of items when they arrive for their shift!



## 4 GET SOME ACTIVITY

Connect through movement by going for a lunch time walk, having a walking meeting, going to an NRG Fitness Class or even booking an [Athletics Facility](#) for the team to play some games and do activities together.

## 6 LUNCH TIME GAMES

Have some quick games and activities in the office that you can play during lunch with colleagues like cards, doing crosswords together or even having a puzzle you pick away at. When we are working on a task together it makes it easier to engage in conversations.

