1. LUNCH LOTTO
   Everyone on the team submits a place they would like to go for lunch. Once a month, you draw a name at random and go there for lunch. You could do this on campus or off campus.

2. BOOK CLUB
   Everyone shares a book to read and select one book to read per semester. Having trouble picking a book? Check out the curated collections by McLaughlin Library on themes such as Black History Month, Pride, Indigenous History Month, and Asian Heritage Month.

3. TEAM PLANNING DAYS
   If possible, spend a day (or an afternoon) planning as a team. It is helpful if lunch is also a part of the planning day. Consider moving out of the typical office space and booking a room in the University Centre or the Arboretum Centre as this can help people connect more with the team by moving out of the typical day-to-day work space.

4. GET SOME ACTIVITY
   Connect through movement by going for a lunch time walk, having a walking meeting, going to an NRG Fitness Class or even booking an Athletics Facility for the team to play some games and do activities together.

5. VOLUNTEER TOGETHER
   Connect with the CSA Student Foodbank and co-ordinate for your department or unit to take shifts to help sort food at the CSA foodbank...and ask everyone to bring a donation of items when they arrive for their shift!

6. LUNCH TIME GAMES
   Have some quick games and activities in the office that you can play during lunch with colleagues like cards, doing crosswords together or even having a puzzle you pick away at. When we are working on a task together it makes it easier to engage in conversations.