GRADUATE STUDENT MENTAL HEALTH CONFERENCE 2020

WHEN

Saturday, February 1st, 2020 8:30am - 5:30pm

WHERE

University Centre, University of Guelph With lunch at Brass Taps

The Graduate Student Mental Health Conference is a FREE, one-day event for all graduate students at the University of Guelph. The day will comprise lectures and break-out workshops focused on the unique needs of graduate students, and will highlight the mental health resources available on campus and in the community of Guelph.

PREVIOUS SPEAKERS • Lori Spadorcia (CAMH), Kathy Somers (The Stress Management and High Performance Clinic), and more!

More info: http://bit.ly/GSMHC

FREE EVENT FOR GRADUATE STUDENTS

AGENDA

Keynote speakers
Fireside chats
Brass Taps luncheon
Break-out sessions

PREVIOUSLY SUPPORTED BY

Student Wellness Services Student Life Enhancement Fund Gryphons Care

OUESTIONS?

Please email gradmhc@uoguelph.ca



GRADUATE STUDENT
MENTAL HEALTH
CONFERENCE