



Presented by



Excellence Canada and Canada Life announce the *2019 Canada's Healthy Workplace Month® Great Employers*

Toronto, ON – December 11, 2019

Excellence Canada and Canada Life are pleased to announce the ***2019 Canada's Healthy Workplace Month® Great Employers***. These organizations are being celebrated for their planning and actions to foster physically and psychologically safe and healthy workplaces, striving to continually improve across four main areas of focus, namely:

Healthy Lifestyles

This involves helping employees develop and maintain healthy lifestyle practices, eat well, exercise, drop unhealthy or risky habits, and make optimal use of the healthcare system.

Mental Health and Workplace Culture

Culture is created, reinforced and sustained by ongoing patterns of relationships and communications that are known to have an important influence on psychological health and safety. The organizational culture reflects values that support mental health, such as trust, fairness, respect, diversity, inclusion and teamwork.

Physical Environment

Aiming to reduce the risk of fatalities and workplace disabilities, this area of focus involves fully and continually addressing matters of occupational health and safety, including the possible impacts of new technologies, production changes, increasing demands on time, and cost containment measures.

Corporate Social Responsibility

The interrelationship between the community, the workplace and the employee is known to influence employee health and well-being, as well as the health and performance of the organization. CSR activities are often seen as voluntary, going above and beyond what is legislated or required.

This year's recipients are, in alphabetical order:

AGS Rehab Solutions Inc.	Mississauga	ON
Alberta Blue Cross	Edmonton	AB
CHEO	Ottawa	ON
Collingwood General & Marine Hospital	Collingwood	ON
Creative Options Regina, Inc.	Regina	SK
Dryden Regional Health Centre	Dryden	ON
EHC Global	Oshawa	ON

Hamilton Health Sciences Corporation	Hamilton	ON
Hickman Automotive Group	St. John's	NL
Lethbridge College	Lethbridge	AB
London Hunt and Country Club	London	ON
Natural Resources Canada - CanmetENERGY- Ottawa	Nepean	ON
Organizational Solutions Inc.	Burlington	ON
Peel Children's Aid Society	Mississauga	ON
Quadrangle Architects Limited	Toronto	ON
South West Local Health Integration Network	London	ON
Square Inc	Toronto	ON
Three Point Capital	Kelowna	BC
Travel Alberta	Calgary	AB
University of Guelph	Guelph	ON
University of Waterloo	Waterloo	ON
Vancouver Island Brewing	Victoria	BC
Victoria Airport Authority	Sidney	BC

Find out what it takes to be a **Canada's Healthy Workplace Month® Great Employer** by visiting <https://healthyworkplacemonth.ca/resources/what-does-a-great-employer-look-like/>

Next year's applicants can make their online submissions at www.healthyworkplacemonth.ca beginning August 1, 2020. The deadline to apply is October 31st and the 2020 recipients will be announced on December 7, 2020.

Excellence Canada, an independent not-for-profit organization, would like to thank Canada Life for its generosity and support as the Presenting Sponsor of [Canada's Healthy Workplace Month®](#).

Established by Excellence Canada over 20 years ago, *Canada's Healthy Workplace Month®* is celebrated every October. Our website provides organizations with year-round resources, tools, and knowledge that they need to implement a long-term *Healthy Workplace®* strategy.

Thank you to all our Sponsors:

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About Canada Life

Canada Life is a leading insurance, wealth management and benefits specialist, focused on improving the financial, physical and mental well-being of Canadians. We help Canadians achieve their potential, every day. Our customers across Canada have trusted us to provide for their financial security needs and deliver on the promises we have made. We serve the financial security needs of more than 13 million people across Canada and provide a wide range of products and services for individuals, families and business owners.

As an Imagine Caring Company, we support the principles of corporate citizenship and benchmarks for community investment established by Imagine Canada. Our companies contribute at least one per cent of pre-tax profit in support of the communities where our employees and customers live and work. This includes \$13.3 million in contributions to non-profit, charitable and community organizations in 2018.

About Excellence Canada

Excellence Canada is an independent, not-for-profit corporation that is committed to advancing organizational excellence across Canada. As a national authority on Excellence, Innovation and Wellness®, Healthy Workplace®, and Mental Health at Work® awards, Excellence Canada provides excellence frameworks, standards, and independent verification and certification to organizations of all sizes and in all sectors. It is also the custodian and adjudicator of the *Canada Awards for Excellence* program, of which the Patron is Her Excellency, the Right Honourable Julie Payette, C.C., C.M.M., C.O.M., C.D., C.Q., Governor General of Canada.

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