Lunch n' Learn! "No Lunch? No Problem!"

Come to a Lunch n' Learn session and learn how to easily add fruits and veggies into your meals. Learn quick tips and tricks to cook on a budget and rid your fridge from food waste!

Please print out your favourite recipe and bring it to the session. Bring tupperware and a reusable mug for leftovers.

Lunch will be provided to registered participants.

DATE: FRIDAY NOVEMBER 8TH, 2019
TIME: 12:00-1:00 PM
GRYPHON LOUNGE, ROOM 131