

Summer 2022 Highlighted Organizational Findings



University of Guelph
**Wellness
@Work**
Pulse Survey

36%

RESPONSE
RATE

1455 employees
agreed to participate

Administered
May 26 to June 20,
2022

Areas of Strength

Support from Supervisors

78%

believed their supervisor cared about their personal well-being.

62%

believed their supervisor took an active interest in ensuring their workload was manageable.

Physical Safety

77%

felt physically safe working on-site/on-campus.

Opportunities for Growth

64%

were concerned with work-related stress and anxiety.

47%

agreed to some degree that their workload is excessive.

Mental Health & Work-life Balance

Faculty and staff generally indicated that they found mental health-related concerns and work-life balance a challenge to some degree.

RETURN TO CAMPUS

43%

agreed that transitioning back to working on-site/on-campus caused them stress and/or anxiety.

NEXT STEPS

- Re-administer Pulse Survey in May/June 2023
- Publish resource and training on Supporting a Colleague in Distress
- Primary focus of the next Wellness@Work Strategic Plan will be psychological health and safety

Questions?

Email Isidora Nezcic, Wellness@Work Advisor at nezici@uoguelph.ca