Summer 2022 Highlighted Organizational Findings

36% RESPONSE RATE
1455 employees agreed to participate

Administered
May 26 to June 20, 2022

Areas of Strength

Support from Supervisors
78% believed their supervisor cared about their personal well-being.
62% believed their supervisor took an active interest in ensuring their workload was manageable.

Physical Safety
77% felt physically safe working on-site/on-campus.

Opportunities for Growth
64% were concerned with work-related stress and anxiety.
47% agreed to some degree that their workload is excessive.

Mental Health & Work-life Balance
Faculty and staff generally indicated that they found mental health-related concerns and work-life balance a challenge to some degree.

RETURN TO CAMPUS
43% agreed that transitioning back to working on-site/on-campus caused them stress and/or anxiety.

NEXT STEPS
• Re-administer Pulse Survey in May/June 2023
• Publish resource and training on Supporting a Colleague in Distress
• Primary focus of the next Wellness@Work Strategic Plan will be psychological health and safety

Questions?
Email Isidora Nezic, Wellness@Work Advisor at nezici@uoguelph.ca