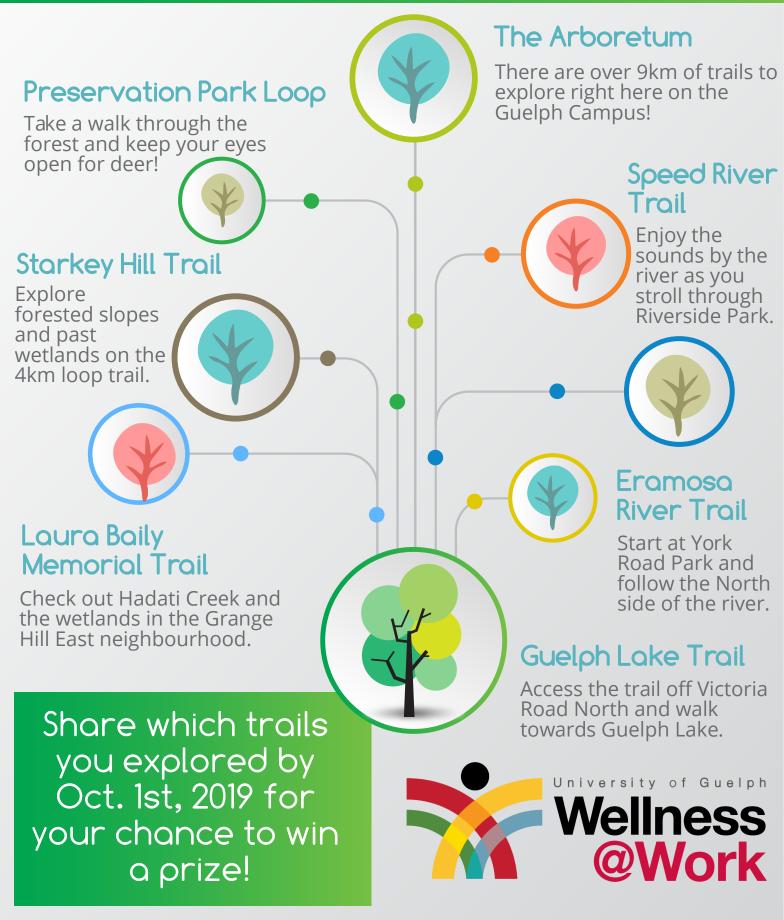
## TAKE A HIKE! CHALLENGE

Get outside and enjoy the great outdoors! Try a new trail each week in September.



Learn more: uoguelph.ca/wellnessatwork