This study involves a detailed questionnaire that explores topics related to food habits (90 minutes).

Those who complete the questionnaire will receive a complimentary cookbook ($25 value).

This study is from the Department of Human Health and Nutritional Sciences, University of Guelph and been approved by University of Guelph Human Research Ethics Board (REB16JL028).

If you are interested, please contact foodsurv@uoguelph.ca or 519-824-4120 x58081

Thank you 😊