



BIOL*4010 Adaptational Physiology

Winter 2023

Section(s): 01

Department of Integrative Biology

Credit Weight: 0.50

Version 1.00 - January 10, 2023

1 Course Details

1.1 Calendar Description

This course examines adaptations of organisms to various aquatic and terrestrial environments. A mechanistic approach will be used to establish the strategies (anatomical, physiological, biochemical) of environmental adaptation. Examples will include adaptations of deep-sea and polar organisms, adaptations to salinity and desiccation challenges, oxygen availability, sensory adaptations and symbiotic adaptations.

Co-Requisites: ZOO*3210 or ZOO*3620

1.2 Course Description

This course will provide an in depth coverage of strategies of adaptation of organisms to various environmental conditions. The course will be of value to students interested in the physiological and biochemical basis for the effects of changing environmental conditions on living things. Environmental constraints and the limits of adaptation will provide the underlying framework for the course. The evolution of adaptive processes as well as phenotypic adaptation will be examined. Examples of recently published research will be used to familiarize students with developing areas, analytical techniques and the investigative approaches used in studying environmental adaptation. Biomedical applications of some of these natural phenomena will be discussed.

1.3 Timetable

Lectures: Tuesday and Thursday 11:30 am – 12:50 pm – Room CRSC 117

1.4 Final Exam

Date/Time: Thursday, April 20, 2023 at 8:30 am - 10:30 am

Exam time and location is subject to change. Please see **WebAdvisor** for the latest information.

2 Instructional Support

2.1 Instructional Support Team

Instructor: Adrian Ionescu
Email: ionescu@uoguelph.ca
Office Hours: Office hours: Please email to make an appointment.

2.2 Teaching Assistants

Teaching Assistant (GTA): Maria Yusishen
Email: myusishe@uoguelph.ca
Office Hours: Office hours: Please email for appointment

3 Learning Resources

3.1 Additional Resources

Animal Physiology - 4th edition Hill, Wise & Anderson - Sinauer Associates Inc Publishers (Textbook)
No required text.

4 Learning Outcomes

4.1 Course Learning Outcomes

By the end of this course, you should be able to:

1. Understand the mechanisms involved in adaptation of a variety of aquatic and terrestrial

invertebrates and vertebrates to changing temperature, salinity, high pressure, high altitude and low nutrient availability. They will be able to extrapolate this information to novel situations.

2. Understand how such adaptations may have evolved.
 3. Provide examples of how recent research in comparative animal physiology has contributed to our understanding of basic science (e.g. structure-function relationships, acclimation/acclimatization changes) and applied science (e.g. aquaculture, global climate change).
 4. Understand the use of some of the tools and instruments employed in studying environmental adaptation.
 5. Relate basic physiological and biochemical mechanisms to environmental adaptation.
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5 Teaching and Learning Activities

Lecture material (PDFs of Powerpoint presentations) will be available via Courselink the day before lecture.

5.1 Topics Covered (Subject to Modification)

Introduction

1. Constraints on life in water and on land. The environmental factors that affect the survival of organisms.
2. Changing environmental conditions during the evolution of life.
3. What drives organisms to adapt?
4. How much environmental change is needed to drive adaptation?
5. What evolutionary constraints limit the ability to adapt?
6. Stress and adaptation.
7. What is regulated? Homeostasis vs enantiostasis.

Temperature

1. Introduction and background
2. Freezing tolerance of terrestrial insects and vertebrates (nucleating proteins, cryoprotectants).
3. Freezing avoidance by Arctic and Antarctic teleost fish (antifreeze molecules).
4. Adaptation to changing environmental temperatures (heat shock proteins, enzymes, membranes, pH changes and alaphastat regulation).
5. Biomedical implications of diets rich in marine mammals and cold water fishes.

Life in the Abyss

1. Adaptation to high or changing pressure.
2. Buoyancy regulation in deep-sea cephalopods, crustaceans, fishes and marine mammals.
3. Metabolic adaptations of hydrothermal vent and cold seep organisms.

Osmotic Adaption

1. Adaptation to high salt environments (halophilic bacteria, plants and animals).
2. Adaptation to changing salinity. Solute systems of marine invertebrates and lower vertebrates.
3. Desiccation tolerance (intertidal and desert organisms).

Living with too Little or too Much Oxygen

1. Too little oxygen. Anaerobic metabolism of anoxia tolerant marine invertebrates, fish and marine mammals.
2. Life at high altitude: humans (Sherpas, Quechua), other mammals (llamas, alpacas) and birds.
3. Too much oxygen (e.g. tidepool anemones, corals, cold water organisms)

Metabolic Depression as Adaptation to Various Conditions

1. Estivation in lungfish and snails.
2. Hibernation in mammals.
3. Dormant embryonic stages (Brine shrimp, annual fish, delayed implantation of mammalian embryos).

Sensory Adaptations

1. Visual pigments and depth.
2. Echolocation and acoustical lipids of marine mammals.

Symbiosis

1. Adaptation to reduced energy and/or nutrient availability (tropical coral reefs, giant clams and hydrothermal vent and cold seep organisms).
2. Digestive deficiencies. (shipworms, termites).

Evolutionary Considerations

1. Evolution of adaptive mechanisms (e.g. evolution of antifreeze molecules).
2. Salinity-related allele selection.
3. Toxins and toxin resistance.

Climate Change and Conservation

1. Adaptation to anthropogenic environmental challenges.
2. Stress physiology and environmental challenges.

6 Assessments

6.1 Marking Schemes & Distributions

Name	Scheme A (%)
Midterm Examination	25
Writing Assignment	20
Final Exam	35
Quizzes (2 x 5% each)	10
Completion Assignment/Class participation	10
Total	100

6.2 Assessment Details

Midterm Examination (25%)

Date: Tue, Feb 28, 11:30 AM - 12:50 PM, In class

Learning Outcome: 5

Final Exam (35%)

Date: Thu, Apr 20, 8:30 AM - 10:30 AM, TBA

Assignment (20%)

Date: Tue, Mar 21, 11:59 PM

Quiz 1 (5%)

Date: Tue, Jan 31, 11:59 PM, CourseLink >> Quizzes

Quiz 2 (5%)

Date: Tue, Mar 14, 11:59 PM, CourseLink >> Quizzes

Completion Assignment (10%)

Date: CourseLink >> Quizzes

7 Course Statements

7.1 Late Policy

Work that is handed in late will be penalized 10% for every day that it is late, including weekends.

7.2 Absence & Illness

If you are absent from classes during the semester, you will be expected to make up missed lecture material on your own. If requesting academic consideration on medical or compassionate grounds, be prepared to provide supporting documentation. Be sure to obtain a written statement of your revised grade evaluation from the instructor. See the undergraduate calendar for information on regulations and procedures for Academic consideration.

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/c08-ac.shtml>

8 Department of Integrative Biology Statements

8.1 Academic Advisors

If you are concerned about any aspect of your academic program:

- Make an appointment with a program counsellor in your degree program. [B.Sc. Academic Advising](#) or [Program Counsellors](#)

8.2 Academic Support

If you are struggling to succeed academically:

- Learning Commons: There are numerous academic resources offered by the Learning Commons including, Supported Learning Groups for a variety of courses, workshops related to time management, taking multiple choice exams, and general study skills. You can also set up individualized appointments with a learning specialist.
<http://www.learningcommons.uoguelph.ca/>
- Science Commons: Located in the library, the Science Commons provides support for physics, mathematic/statistics, and chemistry. Details on their hours of operations can be found at: <http://www.lib.uoguelph.ca/get-assistance/studying/chemistry-physics-help> and <http://www.lib.uoguelph.ca/get-assistance/studying/math-stats-help>

8.3 Wellness

If you are struggling with personal or health issues:

- Counselling services offers individualized appointments to help students work through personal struggles that may be impacting their academic performance.
<https://www.uoguelph.ca/counselling/>
- Student Health Services is located on campus and is available to provide medical attention. <https://www.uoguelph.ca/studenthealthservices/clinic>
- For support related to stress and anxiety, besides Health Services and Counselling Services, Kathy Somers runs training workshops and one-on-one sessions related to stress management and high performance situations.
<http://www.selfregulationskills.ca/>

8.4 Personal information

Personal information is collected under the authority of the University of Guelph Act (1964), and in accordance with Ontario's Freedom of Information and Protection of Privacy Act (FIPPA) <http://www.e-laws.gov.on.ca/index.html>. This information is used by University officials in order to carry out their authorized academic and administrative responsibilities and also to establish a relationship for alumni and development purposes.

For more information regarding the Collection, Use and Disclosure of Personal Information policies please see the Undergraduate Calendar.
(<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/intro/index.shtml>)

8.5 Course Offering Information Disclaimer

Please note that course delivery format (face-to-face vs online) is subject to change up to the first-class day depending on requirements placed on the University and its employees by public health bodies, and local, provincial and federal governments. Any changes to course format prior to the first class will be posted on WebAdvisor/Student Planning as they become available.

9 University Statements

9.1 Email Communication

As per university regulations, all students are required to check their e-mail account regularly: e-mail is the official route of communication between the University and its students.

9.2 When You Cannot Meet a Course Requirement

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. The grounds for Academic Consideration are detailed in the Undergraduate and Graduate Calendars.

Undergraduate Calendar - Academic Consideration and Appeals

<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/c08-ac.shtml>

Graduate Calendar - Grounds for Academic Consideration

<https://www.uoguelph.ca/registrar/calendars/graduate/current/genreg/index.shtml>

Associate Diploma Calendar - Academic Consideration, Appeals and Petitions

<https://www.uoguelph.ca/registrar/calendars/diploma/current/index.shtml>

9.3 Drop Date

Students will have until the last day of classes to drop courses without academic penalty. The deadline to drop two-semester courses will be the last day of classes in the second semester. This applies to all students (undergraduate, graduate and diploma) except for Doctor of Veterinary Medicine and Associate Diploma in Veterinary Technology (conventional and alternative delivery) students. The regulations and procedures for course registration are available in their respective Academic Calendars.

Undergraduate Calendar - Dropping Courses

<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/c08-drop.shtml>

Graduate Calendar - Registration Changes

<https://www.uoguelph.ca/registrar/calendars/graduate/current/genreg/genreg-reg-regchg.shtml>

Associate Diploma Calendar - Dropping Courses

<https://www.uoguelph.ca/registrar/calendars/diploma/current/c08/c08-drop.shtml>

9.4 Copies of Out-of-class Assignments

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

9.5 Accessibility

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required; however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a

week ahead of time.

For Guelph students, information can be found on the SAS website
<https://www.uoguelph.ca/sas>

For Ridgetown students, information can be found on the Ridgetown SAS website
<https://www.ridgetownc.com/services/accessibilityservices.cfm>

9.6 Academic Integrity

The University of Guelph is committed to upholding the highest standards of academic integrity, and it is the responsibility of all members of the University community—faculty, staff, and students—to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff, and students have the responsibility of supporting an environment that encourages academic integrity. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

Undergraduate Calendar - Academic Misconduct
<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/c08-amisconduct.shtml>

Graduate Calendar - Academic Misconduct
<https://www.uoguelph.ca/registrar/calendars/graduate/current/genreg/index.shtml>

9.7 Recording of Materials

Presentations that are made in relation to course work - including lectures - cannot be recorded or copied without the permission of the presenter, whether the instructor, a student, or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

9.8 Resources

The Academic Calendars are the source of information about the University of Guelph's procedures, policies, and regulations that apply to undergraduate, graduate, and diploma programs.

Academic Calendars
<https://www.uoguelph.ca/academics/calendars>

9.9 Disclaimer

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via CourseLink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

9.10 Illness

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g.. final exam or major assignment).

9.11 Covid-19 Safety Protocols

For information on current safety protocols, follow these links:

- <https://news.uoguelph.ca/return-to-campusess/how-u-of-g-is-preparing-for-your-safe-return/>
- <https://news.uoguelph.ca/return-to-campusess/spaces/#ClassroomSpaces>

Please note, these guidelines may be updated as required in response to evolving University, Public Health or government directives.
