

## Degree Program Meeting – Bachelor of Applied Science BASc, Tuesday September 8, 2020

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#### BASc Degree Program Orientation Meeting – Class of 2024

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Welcome to BASc –

**Dr. John Beaton, Interim Chair FRAN**

**Dr. Byron Sheldrick, Acting Dean CSAHS**

**Alyssa Ahmed, CSAHS Student Alliance President**

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BASc Program Counsellor: Linda Zehr

Welcome to the BASc Degree program! Our majors are Applied Human Nutrition (AHN), Child Studies (CSTU) and Family Studies and Human Development (FSHD).

Today I will let you know about a team of people who will be available to provide assistance and support to each of you during your time at U of G

As the program counsellor, I would like to tell you about my role on that team

**So first things first** – - you can **email** me with your questions or concerns – use [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca) for quickest response – not helpful to email multiple people – we want to use our resources efficiently to serve you. Please provide your name, ID number and your major when emailing your questions.

**How to make an appointment** - you may book appointments online via Outlook calendar using this link:  
<https://outlook.office365.com/owa/calendar/BAScProgramCounselling@uoguelphca.onmicrosoft.com/bookings>

- we can set up a telephone appointment or a Microsoft teams meeting to discuss your concerns

- office hours are Mon to Fri 8:30 - 4:30 p.m., normally located in MINS 253

-we may be busy during course selection periods - in November, and around final exam week in Dec. and April - book ahead when possible

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**I would like to outline some of the times when you might email or visit the Program Counselling office**

-first year students who want **clarification of degree requirements** or need assistance in creating a **workable program plan** - if going to school part-time,

-transfer students who wish to arrange a program plan or look at how transfer credits fit into your new program

-if you need assistance in **planning educational or career objectives** - for example you may want to become a teacher, or attend graduate school - I can direct you to the requirements for those programs - look at your Student Handbook first available on our Undergraduate web page:

<https://family.uoguelph.ca/undergraduate-programs-fran>

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-if you wish to take **more than five courses in one semester** - need my signature prior to last day of add period. On the last day to add a course for Fall 2020, Fri. Sept. 18<sup>th</sup>, you can add an additional course without a signature.

-if you wish to include a **special study opportunity** in your schedule of studies for example – declaring a minor, and for AHN students declaring the Area of Emphasis in Dietetics, taking a course at another University on a Letter of Permission, studying abroad (in India, Latin America, London, Paris, Krakow etc.), or going on an exchange (Australia, India, England, France, Italy or Scotland etc.)

-if you are **unable to submit or complete an academic course component**, like a final exam, due to extenuating circumstances - such as illness, or a family crisis -  
- please bring documentation such as doctor's note, - I can assist you in filling out a Request for Academic Consideration(RAC) and request a deferred exam – the RAC and supporting documentation is due within 5 business days of missed final exam or final assignment

-if you have experienced any difficulties or situations which affect your academic progress - a difficulty with a roommate, participation on a varsity team

-if your average drops below 60% and you are put on academic probation - look at Continuation of Study section in the undergraduate calendar - we can create a plan - discuss how to get back on track

-are contemplating a transfer to another degree program, or major within your current degree program

-if you need to drop a course - prior to the last class day (Friday December 4, 2020) and want to understand the impact on your program of studies

-if you wish to discuss ANY exceptions to general university rules and procedures

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are seeking **referral to other campus resources** such as **Student Wellness**

### **1)Counselling Services -**

- can help with personal and relationship issues, they offer a free, confidential service  
- Support groups for students - ranging from anger management, eating disorders and body image, stress management, depression

### **2)Accessibility Services**

- offer assessments and support and accommodation for students with disabilities - physical, learning - help with a temporary disability (broken leg)

### **3)Wellness Education Centre**

- resource centre promotes wellness through harm reduction and health promotion

### **4)Health Services**

- offer drop in and appointments with physicians covered by OHIP

## **5)Health and Performance Centre**

/ Provides athletic and physical related services

### **the Learning Commons in the Library**

- workshops on writing, advise on preparing for exams, time management and effective study strategies.

### **Co-operative Education and Career Services**

- preparing resumes, strategies for job searches, Annual Job Fair at RIM park in Waterloo

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#### **PROGRAM SURVIVOR TIPS**

- **Check out the Undergraduate Calendar** on line – see this link:

<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/>

- this is your contract with the University

**Schedule of dates** - when classes start (Sept 10, 2020), end (Dec 4, 2020)

-Last day to drop a course without academic penalty is also last day of class for Fall 2020- -when is Fall Study Break, (Tues Oct 13, 2020)

**Degree program - requirements** are listed

**Course descriptions** - when choosing an elective - Sociology

-all courses offered,

- shows you the prerequisites, and when offered S, F or W

**Continuation of Study** - if average for semester is less than 60%

**Scholarships and other Awards** - Oct. and May deadlines - over \$50,000 in-course scholarships

-contact names and numbers for faculty advisors

- **Check your email every week** - main form of contact

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Beginning on Nov 9, 2020 you will be **choosing your courses for Winter 2020**- so watch for information about choosing your courses in the winter semester

**UNIV 1200 First Year Seminar courses – only open to students in semester 1 or 2, No prerequisites, 18 students in class – highly interactive, professors have a passion for what they are teaching and for exploring new ideas – topics of current interest, counts as an elective in our programs**

**Academic Administrative Assistant (AAA)** for the Department is responsible for scheduling courses in FRAN, and also signs Course Waiver forms, if you are missing a prerequisite course, and the AAA can also assist you with information about our graduate programs in the department

**Dr. Jane Robson**, Practicum Coordinator - will assist students in registering for CSTU and FSHD Practicums in third and fourth year

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**I want to give special mention to Experiential Learning at Guelph, and specifically for BAsC students.**

- what we mean by Applied Science is putting science into practice – that is learning in action!
- we have course based experiential learning available in BAsC
- CSTU has mandatory practicums in 3<sup>rd</sup> and 4<sup>th</sup> year and FSHD has mandatory practicum in 3<sup>rd</sup> year and an optional practicum in 4<sup>th</sup> year – practicums are supervised unpaid experiences working for 12 – 16 hours per week while you take courses at U of Guelph
- AHN students may choose between NUTR 4850 Field Experience in Nutrition Education where you are in the field about 4 hours per week, or NUTR 4120 Applied Clinical skills labs where students complete nutrition assessments and care plans of individuals and groups as you would be expected to do as nutrition professionals
- all BAsC students have the option of doing a Research Internship, FRHD 3500, - gives students a direct, initial experience in conducting research, or doing an Undergraduate thesis, where you plan, develop and write a research proposal, and conduct and write an undergraduate thesis under the supervision and direction of a faculty member (FRHD4810, 4910, and NUTR 4810, 4910)
- you could elect to complete the Certificate in Leadership, or the Certificate in Civic Engagement and Global Citizenship - - each requires 2.50 credits of course work, and the Leadership certificate also requires 120 hours of leadership practice available in a variety of organizational settings.
- other C0-Curricular activities such as the Peer Helper program on campus, or Project Serve during reading week – which offers justice themed community engaged learning experiences – for example volunteering in a sexual health education and harm reduction workshops for local Guelph high-school students, or volunteering at community placements in Mississippi, on construction projects with Habitat for Humanity, or as a teacher’s assistant in a local school

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- now I would like to let you know names of your **faculty advisors and student club leaders** for each major

#### AHN

Prof. Alexia Prescod, AHN Faculty Advisor

Dr. Laura Forbes, AHN Curriculum Chair

President of AHN Student Association Tea Babic

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CSTU and FSHD

Faculty Advisor is Dr. Andrea Breen

FRHD Curriculum Chair is Dr. Tuuli Kukkonen

Presidents for Student Association for CSTU –Eleanor McPhee-Mullins and Tatiana Fisher

Vice President of FSHD Council – Natalie Conti

You will meet these leaders virtually at the Meeting for Majors (M4M) events on Wed Sept 9, 2020 at 11:30 am via Microsoft Teams and this will feature a question and answer period to answer any questions you may have at this time. See you there!