Employee Orientation Month Programming Highlights
September 2022
Employee O-Month

Why?

• Demonstrate all amazing things our U of G campus has to offer
• Many of us might be lacking a sense of belonging to the campus itself and our colleagues due to the COVID-19 pandemic
• Orient our new staff and faculty who have been hired since March 2020
• Foster sense of connection and community is incredibly beneficial for our social well-being
Employee Orientation Month (O-Month)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

**Employee O-Month Challenges Run September 1 – 30.**
- **Photo Scavenger Hunt**
- **Passport Challenge** Calendar events with a ☑️ will be stamped for you.

<table>
<thead>
<tr>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Labour Day</td>
<td></td>
<td>Community Breakfast</td>
<td>Get to know your campus Athletic Facilities! ☑️</td>
<td>U of G on Tour: Honey-Bee Research Centre ☑️</td>
</tr>
</tbody>
</table>

- Co-ordinated **12 in-person tours**
- Encouraged Participation in **2 challenges**
- Promoted **22 events in total**

Learn more and register online: uoguelph.ca/wellnessatwork/employee-omonth
Tour Participation Numbers

- Across all coordinated tours **325 registrants** in total
- Tried to offer multiples of certain tours
- Waitlists available for all tours
  - all waitlist members were added into the tours, with the assumption that there will be last minute cancellations / no shows
- Sent out evaluation to registrants
  - 44% were new employees hired during COVID-19 pandemic (since March 2020)
  - 56% were not
## Tour Participation Numbers

<table>
<thead>
<tr>
<th>Tour Title</th>
<th>Date</th>
<th>Registration Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Get to know your campus Athletics Facilities!</td>
<td>9/8/2022</td>
<td>27</td>
</tr>
<tr>
<td>U of G on tour: Honey Bee Research Centre</td>
<td>9/9/2022</td>
<td>30</td>
</tr>
<tr>
<td>U of g on Tour: The Centre of the Campus Plant Walk</td>
<td>9/13/2022</td>
<td>42</td>
</tr>
<tr>
<td>U of G on Tour: Get to know your U of G Guelph Campus</td>
<td>9/14/2022</td>
<td>30</td>
</tr>
<tr>
<td>Get to know your Campus Athletics Facilities</td>
<td>9/14/2022</td>
<td>20</td>
</tr>
<tr>
<td>Explore Resources and Tour your McLaughlin Library</td>
<td>9/19/2022</td>
<td>25</td>
</tr>
<tr>
<td>Get to know your Campus Athletic Facilities</td>
<td>9/20/2022</td>
<td>20</td>
</tr>
<tr>
<td>U of G on tour: Get to know the OVC</td>
<td>9/21/2022</td>
<td>31</td>
</tr>
<tr>
<td>Guided Arboretum Nature Walk</td>
<td>9/23/2022</td>
<td>25</td>
</tr>
<tr>
<td>U of G on Tour: Get to know your U of G Guelph Campus</td>
<td>9/26/2022</td>
<td>30</td>
</tr>
<tr>
<td>Get to know you Campus Athletic Facilities</td>
<td>9/27/2022</td>
<td>20</td>
</tr>
<tr>
<td>Explore Resources and Tour your McLaughlin Library</td>
<td>9/29/2022</td>
<td>25</td>
</tr>
</tbody>
</table>
How many tours did most registrants attend?
Challenges For Employee O-Month
Wellness @Work
ALL SEPTEMBER 2022
EMPLOYEE 0-MONTH
PHOTO SCAVENGER HUNT

INSTRUCTIONS

• Take a walk around campus on your own or with a group and see if you can find where these photos were taken.

• Snap a selfie, a group picture or a photo of the scenery and post on the UofG Campus Photo Scavenger Hunt Kudoboard with a blurb about where you went! Let us know if you visited somewhere new! This challenge closes on Sept 30th, 2022.

You can win 1 of 7 Hospitality gift cards. Two $25 gift cards and five $10 gift cards will be available to win.

'Kivioq’s Journey Ends' by William Noah, 2005
Commissioned with funds donated by the Class of 1955 in memory of Professor Gordon Couling.

The Portico
Former entrance of the Frederick W. Stone farmhouse, the building in which the first classes of the Ontario School of Agriculture were held on May 1st, 1874.

University of Guelph Campus Sign
Located in front of War Memorial Hall this sign demonstrates to visitors that they have arrived to the U of G campus. It is also a place many graduates take photos at after their convocation ceremony.
23 posts were made
Passport Challenge

59 submitted passports
• 42 Grand Prize
• 12 Prize #2
• 5 Prize #3

Supported by 12 Campus Partners:
Athletics, Brass Taps, Campus Parking Services, Gryph’s Locker, Guelph Centre for Urban Organic Farming, Health and Performance Centre, Honey Bee Research Centre, Hospitality Services, McLaughlin Library, The Arboretum, The Bullring, University Bookstore
Question: I thought the Employee O-Month Passport Challenge.... (select all that apply)

- Incentivized me to participate in the monthly programming: 30
- Provided opportunity to learn something new about U of G: 25
- Was inaccessible due to my schedule: 7
- gave me something to look forward to while at work: 20
- Was difficult to complete: 7
- Other (please specify):
Question: *What did you like most about the Employee O-Month Passport Challenge? (e.g. the free coffee, the prizes, how easy it was to participate...)*

- “I really liked walking over with my co-workers to pick up the free coffee. It was an encouraging start to the semester when everyone was a little anxious”
- “It was fun to collect stamps go with colleagues for coffee, field trips were super informative. I love it”
- “The tours enabled me to explore parts of the campus I did not usually visit.”
- “Prizes were excellent. The passport selection options were also great!”
Overall Evaluation

- **325** total registrations across all coordinated tours throughout the month.
- Across all submitted evaluations:
  - **80%** rated Employee O-Month *extremely successful* or *very successful*
  - **95%** rated facilitators *extremely engaging* or *very engaging*
  - **45** out of 46 respondents said they would recommend participation in Employee O-Month
  - **45** out of 46 respondents either strongly or somewhat agree Employee O-Month supported them in building community and connection amongst colleagues and to our beautiful U of G Guelph campus.
  - **45** out of 46 respondents said yes to the statement “I believe U of G is a unique and special place to work.”
  - **100%** of respondents agreed that Wellness@Work should coordinate an Employee O-Month in 2023!
Written Feedback Regarding Employee O-Month
Question: What did you like about Employee O-Month?

- “The variety was nice, getting outside while the weather was still warm was also a good idea.”
- “If you weren’t available a certain day you could find something to do”
- “Something new to do each week to put a bit of change in the weekly routine”
- “It was fun to try and finish all the activities, we did it as a group in our department and it was great for staff moral.”
- “Staff appreciation components were great. got to meet lots of new people around campus”
- “I was talking to my team about it which was fun. I liked so many of the activities offered. The tours got me away from my desk at lunch time.”
Question: How has Employee O-Month helped to support your wellness at work?

- “Reconnect with team, daily exercise goals, gives you something to look forward to”
- “I feel more connected to the uni. Despite having been a student and then staff here for 5 years, I learned lots of new things. It was a great opportunity to catch up with colleagues too on tours or over free coffee.”
- “It helped a lot. It got me out of my office and contributed to my overall productivity because I always came back feeling recharged. It reminded me of why I love this place and its people. It gave me a sense of purpose. I want to do good work for a company that invests in its employees and their mental health.”
- “Specifically, the tour of the Athletics Centre has shown me all the facilities available to use and stay active, especially throughout the colder months. The OVC tour was great too as I learned about more areas to walk, explore and see the animals.”
Question: How has Employee O-Month helped to support your wellness at work?

• “reconnect with team, daily exercise goals, gives you something to look forward to”
• “I feel more connected to the uni. Despite having been a student and then staff here for 5 years, I learned lots of new things. It was a great opportunity to catch up with colleagues too on tours or over free coffee.”
• “It helped a lot. It got me out of my office and contributed to my overall productivity because I always came back feeling recharged. It reminded me of why I love this place and its people. It gave me a sense of purpose. I want to do good work for a company that invests in its employees and their mental health.”
• “Specifically, the tour of the Athletics Centre has shown me all the facilities available to use and stay active, especially throughout the colder months. The OVC tour was great too as I learned about more areas to walk, explore and see the animals.”
Thank you for celebrating Employee Orientation Month with us!

Have an idea or want to connect?
Email: wellnessatwork@uoguelph.ca