Employee Orientation Month Programming Highlights

September 2022

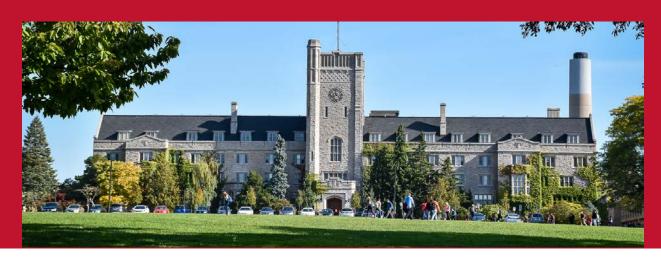




Employee O-Month

Why?

- Demonstrate all amazing things our U of G campus has to offer
- Many of us might be lacking a sense of belonging to the campus itself and our colleagues due to the COVID-19 pandemic
- Orient our new staff and faculty who have been hired since March 2020
- Foster sense of connection and community is incredibly beneficial for our social well-being





Employee Orientation Month (O-Month)

SEPTEMBER 2022 MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY Employee O-Month Challenges Run September 1 – 30.** • Photo Scavenger Hunt • Passport Challenge Calendar events with a will be stamped for you. Get to know your campus U of G on Tour: Honey-Bee Community Breakfast **Labour Day** Athletic Facilities! 🗸 Research Centre 🗸 Co-ordinated 12 in-person tours **Encouraged Participation in 2** challenges Promoted 22 events in total 27 28 29 26 **National Day for Truth Explore Resources and Tour your** U of G on Tour: Get to know Get to know your campus Arboretum Wednesday Noon McLaughlin Library and Reconciliation your U of G Guelph Campus 🗸 Athletic Facilities! 🗸 **Hour Walk** (Orange Shirt Day) Campus Food Market (drop off your completed Employee O-Month Passports here)

Tour Participation Numbers

- Across all coordinated tours 325 registrants in total
- Tried to offer multiples of certain tours
- Waitlists available for all tours
 - all waitlist members were added into the tours, with the assumption that there will be last minute cancellations / no shows
- Sent out evaluation to registrants
 - 44% were new employees hired during COVID-19 pandemic (since March 2020)
 - 56% were not

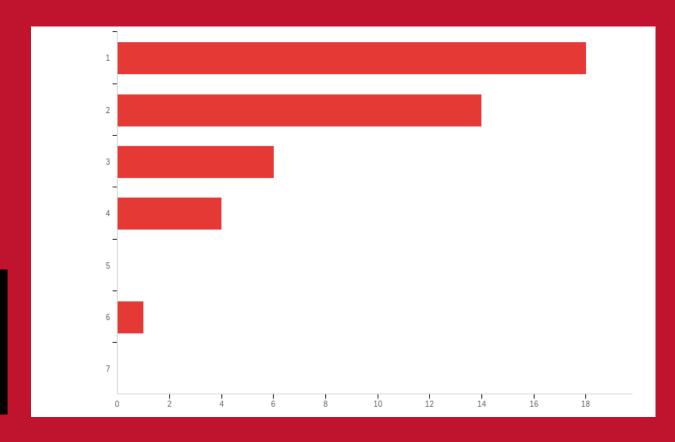


Tour Participation Numbers

Tour Title	Date	Registration Numbers
Get to know your campus Athletics Facilities!	9/8/2022	27
U of G on tour: Honey Bee Research Centre	9/9/2022	30
U of g on Tour: The Centre of the Campus Plant Walk	9/13/2022	42
U of G on Tour: Get to know your U of G Guelph Campus	9/14/2022	30
Get to know your Campus Athletics Facilites	9/14/2022	20
Explore Resources and Tour your McLaughlin Library	9/19/2022	25
Get to know your Campus Athletic Facilities	9/20/2022	20
U of G on tour: Get to know the OVC	9/21/2022	31
Guided Arboretum Nature Walk	9/23/2022	25
U of G on Tour: Get to know your U of G Guelph Campus	9/26/2022	30
Get to now you Campus Athletic Facilities	9/27/2022	20
Explore Resources and Tour your McLaughlin Library	9/29/2022	25

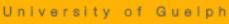


How many tours did most registrants attend?





Challenges For Employee O-Month



Wellness @Work

ALL SEPTEMBER 2022

EMPLOYEE O-MONTH

PHOTO SCAVENGER HUNT



'Kivioq's Journey Ends' by William Noah, 2005

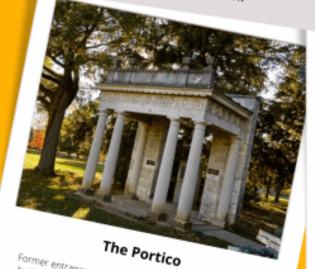
Commissioned with funds donated by the Class of 1955 in memory of Professor Gordon Couling.

INSTRUCTIONS

- Take a walk around campus on your own or with a group and see if you can find where these photos were taken.
- Snap a selfie, a group picture or a photo of the scenery and post on the <u>UofG Campus Photo Scavenger Hunt</u>

 Kudoboard with a blurb about where you went! Let us know if you visited somewhere new! This challenge closes on Sept 30th, 2022.

You can win 1 of 7 Hospitality gift cards. Two \$25 gift cards and five \$10 gift cards will be available to win.



Former entrance of the Frederick W.Stone farmhouse, the building in which the first classes of the Ontario School of Agriculture were held on May 1st, 1874.

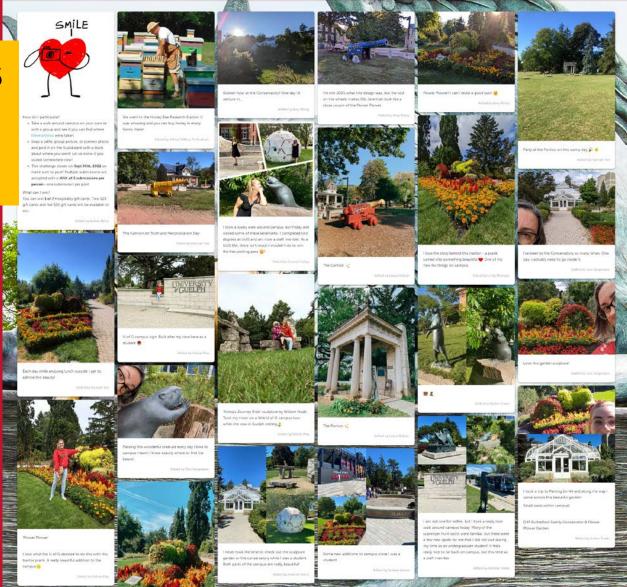


University of Guelph Campus Sign

Located in front of War Memorial Hall this sign demonstrates to visitors that they have arrived to the U of G campus. It is also a place many graduates take photos at after their convocation ceremony.

Employee Orientation Month Photo Scavenger Hunt

23 posts were made





Passport Challenge

59 submitted passports

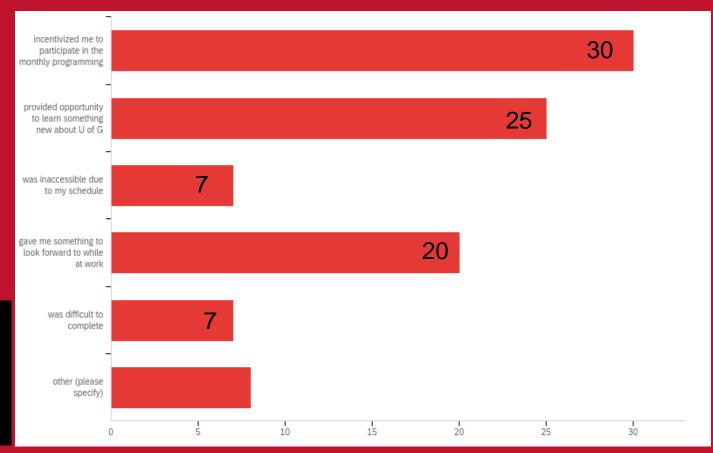
- 42 Grand Prize
- 12 Prize #2
- 5 Prize #3

Supported by 12 Campus Partners:

Athletics, Brass Taps, Campus Parking Services, Gryph's Locker, Guelph Centre for Urban Organic Farming, Health and Performance Centre, Honey Bee Research Centre, Hospitality Services, McLaughlin Library, The Arboretum, The Bullring, University Bookstore



Question: I thought the Employee O-Month Passport Challenge..... (select all that apply)





Question: What did you like most about the Employee O-Month Passport Challenge? (e.g. the free coffee, the prizes, how easy it was to participate...)

- "I really liked walking over with my co-workers to pick up the free coffee. It was an encouraging start to the semester when everyone was a little anxious"
- "It was fun to collect stamps go with colleagues for coffee, field trips were super informative. I love it"
- "The tours enabled me to explore parts of the campus I did not usually visit."
- "Prizes were excellent. The passport selection options were also great!"



Overall Evaluation

- > 325 total registrations across all coordinated tours throughout the month.
- > Across all submitted evaluations:
 - > 80% rated Employee O-Month *extremely successful* or *very successful*
 - > 95% rated facilitators extremely engaging or very engaging
 - ▶ 45 out of 46 respondents said they would recommend participation in Employee O-Month
 - ▶ 45 out of 46 respondents either strongly or somewhat agree Employee O-Month supported them in building community and connection amongst colleagues and to our beautiful U of G Guelph campus.
 - ➤ 45 out of 46 respondents said yes to the statement "I believe U of G is a unique and special place to work."
 - ➤ 100% of respondents agreed that Wellness@Work should coordinate an Employee O-Month in 2023!

Written Feedback Regarding Employee O-Month

Question: What did you like about Employee O-Month?

- "The variety was nice, getting outside while the weather was still warm was also a good idea."
- "If you weren't available a certain day you could find something to do"
- "Something new to do each week to put a bit of change in the weekly routine"
- "It was fun to try and finish all the activities, we did it as a group in our department and it was great for staff moral."
- "Staff appreciation components were great. got to meet lots of new people around campus"
- "I was talking to my team about it which was fun. I liked so many of the activities offered. The tours got me away from my desk at lunch time."



Question: How has Employee O-Month helped to support your wellness at work?

- "Reconnect with team, daily exercise goals, gives you something to look forward to"
- "I feel more connected to the uni. Despite having been a student and then staff here for 5 years, I learned lots of new things. It was a great opportunity to catch up with colleagues too on tours or over free coffee."
- "It helped a lot. It got me out of my office and contributed to my overall productivity because I always came back feeling recharged. It reminded me of why I love this place and its people. It gave me a sense of purpose. I want to do good work for a company that invests in its employees and their mental health."
- "Specifically, the tour of the Athletics Centre has shown me all the facilities available to use and stay active, especially throughout the colder months. The OVC tour was great too as I learned about more areas to walk, explore and see the animals."



Question: How has Employee O-Month helped to support your wellness at work?

- "reconnect with team, daily exercise goals, gives you something to look forward to"
- "I feel more connected to the uni. Despite having been a student and then staff here for 5 years, I learned lots of new things. It was a great opportunity to catch up with colleagues too on tours or over free coffee."
- "It helped a lot. It got me out of my office and contributed to my overall productivity because I always came back feeling recharged. It reminded me of why I love this place and its people. It gave me a sense of purpose. I want to do good work for a company that invests in its employees and their mental health."
- "Specifically, the tour of the Athletics Centre has shown me all the facilities available to use and stay active, especially throughout the colder months. The OVC tour was great too as I learned about more areas to walk, explore and see the animals."





Thank you for celebrating Employee Orientation Month with us!

Have an idea or want to connect?

Email: wellnessatwork@uoguelph.ca